

**Because of Longevity, it made me a hot favourite in the company.**

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I have always been interested in learning how to keep well and healthy, including learning Longevity. About 8 years ago, a colleague invited me to attend the primary and intermediate courses. When completed, everyday I have been doing exercises in the morning and in the evening. Then afterward I did not find any one around me would be interested, so I did not join the advance course, slowly wasting this kung fu, what a pity!

Four years ago, father had a fall, hit his head and sustained brain injuries, leading to limbs weakness. Family members have been looking for all sort of therapies to improve his condition, then through a volunteer recommended us to go to Manshan District Treatment Centre for adjustments. His general well being showing obvious improvements, so again I am understanding more of the purpose of Longevity “saving people with benevolent and compassion”. Therefore, mother, sister together brought father along to attend the courses, also they would go to Taipei treatment centre to practice and receive adjustments, and they completed the advance course. Myself and my younger sister together with friends, 7 of us, re-attended the Longevity courses, experience and learning more and deeper.

Once at work, suddenly a colleague has a severe pain in the loin area, sweating profusely, unable to say the exact location of the pain, but pointing with his hand, wanting to send him to hospital but he could not walk. Then I got his permission to help him with adjustments, I placed my hands directly on the affected area for 10 minutes, his breathing become better, the whole body relaxed, the pain in the loin reduced, then he felt more comfortable, so amazing! Later, he went to the hospital for consultation, after investigations and confirmed that he has stone in the kidney that caused the severe pain. With this example, between colleagues, if anyone feels uncomfortable, they would come to me and ask for adjustments, and make myself useful for what I learned. I hope to attend the advance course and increase my energy/power, to be able to help more people and