

My child's guardian angel.

Learner : Ms. Lin

Address : Tao Yuan County.

Tel: +886-3-3114030

Lately been having irregular heartbeats, irregular menstruation, sleeping quality not so good, have been suspecting whether I am reaching menopausal, so I hope to use Longevityology to improve. After the chakras opened, did not have much change. Doing exercises every morning and evening for 15 minutes, during this time, I feel a bit sick in the chest, the left upper arm feels numb (may be related to the operation I had), the whole body feel warm, it also started to sway involuntary, and the irregular menstruation has improved a lot.

During practice, the volunteers in the centre are very eager to guide me. The posture and strength when applying adjustments have been corrected, when applying adjustments for people, the body should not be so stiff, should be as relax as possible, hands are placed lightly on the person being adjusted, no need with too much strength. You need patience, adequate time for adjustments (needs at least 15 to 20 minutes for each area)etc.

My child has not had bowels moved for 2 days, I placed one hand on C3, one hand on the abdomen left side, for 20 to 30 minutes, after a little while, the child went to the toilet, and this made me feel succeeded! I honestly believe with Longevityology I would be able to look after my family members' health and myself.

In here, I am grateful to the teacher's teaching, and the volunteer's giving, Longevityology make me happy and have confidence. I also hope that my family would be able to learn together, so we could look after each other's health, and then would be able to serve others.

Symptoms and adjustments : Constipation – C3 + abdomen left side.