

colleague Miss. Wong, because she is so busy with her work, has not been sleeping well for some time. After adjustments applied for 2 times, each time for 10 minutes, the next day she told me she is sleeping better, thankful to Longevity, more thankful to teacher Lin and teacher Wei. I hope with Longevity I would be able to help more people that I know and even people I do not know!

Symptoms and adjustments : Aches and pains in back – C7 + affected areas.
Stomach pain – C7 + C3 + stomach area.
Insomnia – C7 + behind left ear.