

**Where ever the placement of the hand follows  
with no pain.**

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I have got medical conditions in the body, through a friend's recommendation, attended the primary and intermediate courses training. Then the friend advised me to apply adjustments to C7, C3 and stomach area. During this period, my stomach has been going through changes; because of I have stomach problems, such as bleeding from the stomach, vomiting blood then had to go to the hospital. When it first started was the regurgitation from the oesophagus, due to too much acid; then followed with peptic ulcer; lastly, a hole in the stomach, vomiting blood, and passing blood in the stool, and hospitalised. Had this stomach problems for 5 years, in the passed 6 months, I often apply adjustments to head, stomach area, it's possible that my power is too low for the condition, not responding to Longevity, or not eating and drinking the right kind of food, in the end had to be hospitalised. However, while applying adjustments to myself, could feel the comfort, when my hand is placed on affected area, the pain would be less, if the hand moved here, the pain here would be less, a kind of warm air circulating in the stomach. Because my learning ability is rather low, so the feeling is not so strong, but if it is not the help of Longevity, I think the condition would be more severe. Because one year ago, doctor made the diagnosis of stomach ulcer, this time in hospital for check up, the doctor said, the ulcer did not increase or got worse. Therefore, I am very thankful to the help of Longevity, and thank you to those who offered to help, the teachers and volunteers.

Symptoms and adjustments : Stomach ulcer, bleeding and hole in the  
stomach – C3 + stomach area.