

During adjustments – having intermittent pain.

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Coming to attend Longevity courses was the goodwill of my son, because of my work, plus the fact that I am going through menopausal period. Due to lack of hormone, my health is not so good, whole body have aches and pains, feel faint, lack of energy, feeling tightness in chest and the shoulder etc. After my son learned Longevity, always apply adjustments for me, sometimes he feels despondent seeing me one-day good another day worse. However, this happened once when I was walking, suddenly I was limping, after adjustments, next day, it got better, really is unbelievable!

Two days before the course had been to this natural Jacuzzi, carelessly slipped in between the rocks, broken the big toe toenail, therefore I was wearing flip-flops to attend the classes. In the centre I requested volunteer to apply adjustments for me, this kind person lifted my leg onto her lap, did not care about the smell of my foot. While having adjustments I could feel there was pain, I thought her hand was touching my wounded toe, sneakily I opened my eyes and looked, but she applying adjustments remotely, unbelievable, the pain has disappeared without me realizing it. From then on, the wounded toe gradually got better, very grateful to this kind person.

Symptoms and adjustments : Broken toenail – C7 + affected area.