I do not feel carsickness anymore.

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Because I have fibre tumour in the breast, kidneys are not functioning well, always have aches and pains in the back, climbing stairs require extra effort, by chance I came across Longevitology. After the teacher opened the chakras for me, to be honest, from the beginning, I did not have reaction, went home and did meditation. Next day in the class and sat quietly, the second time having had the chakras opened and sat quietly again, this time feeling very comfortable.

Sometimes, applying adjustments for people, my hands feel numbness; sometimes feel the palm of the hands have pins and needles, and at times sweating. When being treated by other people, I could feel some movements in the problem areas. Once, I was travelling in a car to the south, felt being sick with motion, I placed one hand on C7, one hand on the stomach area, as a result I did not feel motion sickness any more, very happy that I was able to learn Longevitology, it taught me how to help people and help myself with adjustments.