

Extend both hands, save self and save people.

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“Longevity”, what is “Longevity”? I think many people are doubtful by just putting the hands on the body and able to cure illness!

First encountered “Longevity”, is because my cousin has abnormal brain waves, in order to treat my cousin’s problem, my auntie’s whole family had learned Longevity. Occasionally I feel unwell and would ask uncle and cousin to apply adjustments for me, but I did not feel too deeply for it. Later, my father, mother and grandmother also went and learned Longevity. A while ago, grandpa (mother’s father) got ill and was serious, all day lying down at home, general condition not as good, uncle push him to go and learn Longevity, now he is a completely different person. Seeing grandpa-learning Longevity, it is as if a miracle emerges from our family, grandpa’s whole family followed suit and join Longevity, and I am no exception.

Just completed the intermediate course, in fact I dare not to apply adjustments for people, afraid that my “kung” power not sufficient, and also afraid people might think that I am strange not knowing what I am doing! Until one time, a colleague who had a heart transplant not feeling well, asking for stomach medicine from everyone, because nobody in the area could help her, very bravely, I volunteer to help her with adjustments, she kindly accepted. Applied adjustments for 50 minutes, although eliminating all her discomfort, but she said it is only a little pain left, this made my confidence increased. The other time, another colleague complained of headache, I just placed my hands on her head for over 10 minutes, although she feels that I act strangely but did not refuse. Next day she asked me what was that I learned? She did not feel anything at that time, but she sleep very well at night. This made me feel Longevity is very useful. What a joy it can be!

Longevity is a kind of medicine about energy by just extend both hands and able to save people, save self.