

Building up confidence after a broken bone.

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The end of March got a phone call from a friend, he said: Let us go to Panchiao to learn Longevityology. I asked, what is Longevityology? The friend said, it is a kind of “chi Kung”, I heard it is good for the body; also you can help friends too. My health has been ok! However, as I get older, I get worried about my body, so, I decided to go to Panchiao with my friend to attend the courses.

The first day after chakras opened, my body was moving so much, I got scared, phoned teacher Wei, he said: “do not be so scared, just keep doing exercises, condition will improve”. It was as if I have swallowed a pill to stop me worrying, everyday I make time doing exercises, but did not dare to practice on people.

Then on 6th June, accidentally I had a fall, the leg bone was broken, I thought I only twisted the leg, it was already 10 o'clock at night, did not go to the hospital. Because of the pain I forgot to apply adjustments to myself, and the fact that I do not have confidence of my power, but Longevityology is amazing, during sleep, my hands were placed on the chakras and affected area automatically, self-healing (noticed it when I work up). The next day went to the hospital for treatment, and started self-healing; inflammation subsided in the leg, three or four days later, able to walk slowly

After the plaster of Paris removed, went to the treatment centre, the volunteers help with the adjustments, swelling also subsided. Did not have to go back to the hospital for follow up, because I have been doing exercises frequently and I realized its wonders. Therefore, I started to apply adjustments for other people, extending both hands, telling and giving the goodness of Longevityology to everyone.

Symptoms and adjustments : Bone fracture – C7 + affected area + kidneys.