

**I could not sit for long, but Longevity helped me.**

**Learner : Ms. Leung**

**Address : Taipei, Sansung**

**Tel: +886-2-29203287**

In August 2007 had a fall injured the lumbar spine, it never healed, could not sit for long, get very uncomfortable. Through a relatives' recommendation, came across Longevity.

After the chakras opened, very soon, could feel the universal energy entering the body while sitting quietly, swaying movements from head to the lumbar spine, like sitting on a powerful massage chair. A month later, the pain in the lumbar spine not like before not being able to sit for long. Now, four months later, no more swaying movements while doing meditation. When applying adjustments for people, could easily feel the energy as if people feel uncomfortable, I have these pins and needles, numbness feeling in my hands. However, after a few adjustments, very obvious, I could feel the person looking better and the affected areas improved.

Symptoms and adjustments : Lumbar pain – C7 + lumbar region.