

test, blood taken after the meditation from three of us, the blood cells changed shape, and more active. Apart from that, a bright round matter appears around the shape of many of our blood cells. According to the Professor's experience of observation of blood cells, he suspected that was what the Japanese were researching into "the beginning of life", these bright matter does not appear in everybody's blood cells, usually can be seen in the blood cells of people whose life energy very strong, generally not a lot have been seen. This was the result the Assistant Professor Shimura Norio using his sophisticated equipment for testing. There were over dozens of volunteers and learners have seen it with their own eyes. The important point was, there was no bright matter appears around the edge of the blood cells before meditation, but after 15 minutes of meditation, bright matter appears. These proved that meditation in Longevity actually make some changes in our body, again looking at the result from the blood cells changes to round shape and more active. The effectiveness is definitely good, because a normal healthy person's blood cells should be round and active. This type of examination, we have done it three times in Tokyo, and comparing each time's examination whether it was before or after meditation, or comparing whether it was before or after applying adjustments for people, the changes of the blood cells and activity all pointing to the good results. Because of the results, the volunteers and learners of Japan have seen it with their own eyes, making them have more confidence in Longevity. I hope with this piece of scientific evidence, able to show all the learners and members to increase their confidence in Longevity, at the same time to improve self-power.