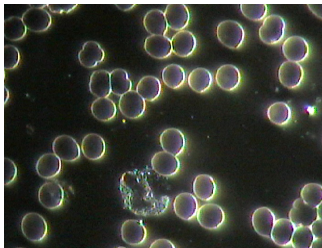


Facts: 1. Body condition: Lack of sleep and not yet recovered from jetlag and tiredness.

2. Blood cells: Less red blood cells and piling on each other, white blood cells inactive.

Fig. B: Blood sample taken after giving adjustments.



Facts: 1. After 30 minutes adjustments to Mrs Shimura.

2. Blood cells: Red blood cells changed to round shape, brightness at the edge of the cells and have individually separated; white blood cells begin to have activity.

In autumn 2006, three of us went to Tokyo again for the lessons, at the last day of the intermediate course. The Assistant Professor brought with him a research student together with the Dark Field Microscope to the hall, took blood sample from the three of us each before and after meditation to compare the blood