

Classmate B' s problem was occasionally felt noise in the brain, applied adjustments for her, she did not have unusual feelings, during the adjustments, felt some kind energy and power, made the body swaying a bit.

Then classmate C, did not have any discomfort, had a late night last night, due to having had to stay in the hospital to look after her mother who was sick. So, I applied adjustments to C7, C6 and C3 for her, just starting with the adjustments, I placed my hands on C7 and C6, made me so surprised, the fact that from chakras 7 I could feel her heart was pulsating very strongly, then it gradually slow down to normal. Eventually classmate C was fast asleep, woke her up, she said: as soon as I placed my hands, she felt her heart was pulsating fast (the same as I felt), and felt very hot (that is the fact, because during the adjustments, she was sweating profusely), then gradually relaxing and fell asleep.

The above-written accounts are only part of the experiences from the adjustments I applied for people, followed with some other conditions are all different, not able to narrate each one by one, but it's amazement and wondrous really difficult to describe in any language. Having received the benefit of Longevityology, I felt deeply to promote the teaching of Longevityology's founders' and all the volunteers' kindness and compassion, very grateful, I have been saying in a loud voice and promoting of learning Longevityology as a job. Because it can be said that it is the most amazing kung fu to maintain both the body and heart healthy, so from sitting quietly everyday to quiet down the heart, also from helping people with adjustments to make the body healthy, with one act you received double rewards!.

The last time which made me felt so unbelievable and exhilarating was helping my neighbour/good friend with adjustments applied to C3, it actually made my navel moving, from my past experience of sitting quietly, if it has not been accumulated for years, or continue practicing for a long time, it is very difficult to feel the movement.

Apart from being grateful, and gratefulness! How would I have such honour, able to learn this special and amazing kung fu?

Symptoms and adjustments : Anaemia – C7 + C4 + C3.

Gynaecology problems – C7 + C3 + C2 + affected area.

Noise in the brain – C7 + C6 + whole head.

Late nights and insomnia – C7 + head.