

## **Toothache, migraine, all disappeared.**

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I am fifty-two years old this year, through my mother-in-law and my wife's guidance to come across Longevity, although I have no problem with health, but having seen so much Longevity can do, helped countless people, and so created enormous interest.

The first day after the chakras opened, did not feel anything strange in the body. The second day after the chakras opened, doing exercises at night, noticed the slight swelling of gums, and a bit painful. On the third day, a small blister appeared, the pain increased, then quickly I did as the teacher said in the class, one hand on C7, one hand on the affected area, applied adjustments for half an hour, the pain seems reduced, continued with the adjustment. Woke up the following day, the blister disappeared and not painful any more.

My wife gets headache very often, got home after the class, her migraine problem started, therefore I placed one hand on C7, one hand on C6, applied adjustments for half an hour, she told me the headache disappeared. Moreover, she appears more relaxed, not required to take analgesic for pain and able to sleep well through the night, it is no wonder people praising to the wonderful Longevity.

Symptoms and adjustments : Painful swollen roots – C7 + affected area.  
Migraine – C7 + whole head.