

constipations, aches and pains, adjustments applied, all were effective, improved a lot. Mrs. Shum has difficulty sleeping at night, applied adjustments to C7 and C6 and back of the head for her, soon it got back to normal. Very pleased to have joined the training, from now on I am able to apply adjustments to self and able to serve other people.

Another Ms. Shum's eyes not able to see, although without significant result, she had a check-up, the doctor said, there are signs of life appeared in the cells, her confidence increased, also joined the training, having more adjustments applied. When people help, self-help, heaven help, people with kind wishes, heaven makes it better.

Symptoms and adjustments : Toothache – C7 + affected area.
Insomnia – C7 + C6 + behind left ear, with emphasis on the whole head.