

The fear of going to the dentist gradually eliminated.

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I run a jewellery (5 metals) business; work is always busy, lack of exercise, therefore my body, heart and soul not very healthy. Last year, a friend recommended to me that Longevityology is able to make good for people and for self. With the idea of living till old age, could also learning until old age! In March I joined the primary and intermediate courses, felt I have learned and gained a lot. After the courses completed, have been to Hsinchuang centre to practice, to have adjustments applied by the volunteers, to practice and gain experience myself, to prove the meaning of Longevityology – saving people with benevolence and compassion.

While attending the courses and training in March, I was having dental repair at the same time, polishing teeth before new fitting, repair work, and nerve pain most difficult to stand. Therefore, I applied adjustments to C7 and the painful tooth area, after a little while, the pain really subsided, that increase my confidence for the intermediate course. Especially at the last stage of fitting new mould, the process of fixed it on for a few days and removed it for repair, the pain was unbearable, really hard to describe, before and after fixing and removing, I applied adjustments to C7 and painful area, till comfortable. Gradually it takes away my fear of visiting the dentist.

In April recommended Ms. Lee and Mr. Cheng to Panchiao centre for Longevityology training. In August recommended Mr. Shum and Mrs. Shum to Lin Hou to learn, to keep them companied, I listened once more of the teaching, understood that in life not often, with the heart of benevolence and with the desire to give, extending both hands, offer of a loving heart thus enabling to save a lot of people..

Seeing teacher Lin and teacher Wei's limitless giving and offering, saving people benevolently, as if they are the modern day Buddha, the reincarnation of the true Buddha, not seeking happiness for self, but wish everyone free of pain, such admirable and enviable spirit is a good example for us to learn. Moreover, all the volunteers' trueful sincerity, making us feel so moved, thank you...!

During this period, I had some other experience, i.e. eyes getting so tired,