



Health Regained and Destiny Changed

Name : See Mun Chun
 Occupation : Retired Bank Officer
 Area : Serdang
 Tel : 012 - 2193197

INSOMNIA, BODY ACHES AND PAINS, EFFECTIVENESS OF MEDITATION, MYRIADS OF HEALTH PROBLEMS SOLVED (SEVERE MENOPAUSE PROBLEM, GASTRIC, SKIN ALLERGY, LOW BODY IMMUNE SYSTEM, LOW BLOOD PRESSURE, GIDDINESS, HEADACHES, NIGHTMARES AND DEPRESSION), HEART PROBLEM, EMERGENCY FIRST AID, ILLNESS OF SPIRITUAL NATURE, CHRONIC TONSILLITIS WITH CONSTANT HIGH FEVER, SWOLLEN PAINFUL LIPS, BURNT HAND, COMA CASE, TERMINAL CASE

I learnt Longevity to solve my long standing nightmares/disturbances from unseen beings/spirits, depression, multiple health problems since childhood, many near death experiences from illness and had 6 operations done. By age 13, I had attempted to commit suicide and since then had always wanted to commit suicide or runaway from my family whenever I am very depressed or sick. Although I had learnt many “Body, Mind and Spiritual” healing methods and attended many Dharma talks since 1999, I was still unable to utilize and practice with full commitments due to many

constraints and limitations, example I was unable to meditate and visualize properly despite of several years of practice. However, I had managed to heal some ailments but I was still suffering from many serious ailments and problem. I learnt Longevity in July 2006.

Insomnia, numbness, body aches and pains, severe menopause problem, gastric, skin allergy, low body immune system, low blood pressure, giddiness, headaches, nightmares and depression and effectiveness of meditation

Initially, I was very doubtful and skeptical about Longevity, it could be another sales or con gimmicks. On the 1st day of opening my chakras 7 & 6, I felt my stomach having rumbling and tumbling sensation throughout the whole night until the 3rd day of the course which I confirmed that it was not indigestion/wind or gastric but healing crises/reaction for my long standing serious gastric problem since age 16. The most obvious reaction after opening of my chakras was I could sleep soundly without much disturbing dreams and awakening at night and no urge to urinate in the middle of the night. I strongly testify that my insomnia/sleep problems which lasted for more than 10 years were solved immediately. From this, I had much confidence and started believing in Longevity. My priority is to heal myself and others. I devoted much time, patience, overcome all odds and adversities through perseverance by remembering and practiced whatever that is taught by our teachers. I begin to feel the effectiveness of meditation by September 2006. Whenever I had available time, I was able to increase my meditation to 1 hour or even 2 hours or more. My body experienced warmth and heat and the inflow of energy. The universal energy moved my body with all sorts of movement (unachievable by me). During this process, I felt great relief in my