



Universal Gift and Blessing

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HUNCH BACK, COUGH AND LEG PROBLEM

I do not know about chakras until I attended Longevity classes in Seremban. The hall was filled with strong energy. It felt even stronger after my chakras were opened. I felt a bit dizzy and as if I was floating.

Hunch back

During the duration of our course, my sister and I went to the adjustment center to volunteer every morning. I have leg pains and a hunch back, and could not stand or sit up straight for long. Whenever I did self adjustment or adjustments for others I could feel cracking sound on my spinal cord. On the last day of the course, I was very lucky to be adjusted by master Kok Yoke May. During the adjustment, my legs were shaking and she encouraged me to do adjustments and meditation regularly.

Even though there is no adjustment center around my neighbourhood, I am always willing to offer to adjust relatives and friends. The following are some of my experiences.

Cough

A friend of mine was having a terrible cough for 2 weeks even though she was on medication. I offered adjustment by placing my hand on chakra 7 and chakra 5 then to her throat and lung. Within a few minutes she coughed a lot of phlegm with foam. I could feel the itchiness in my throat while doing the adjustment and would start burping too. Due to the improvement in her condition, she came to me for more adjustments.

Leg problems

My neighbour used to complain that, after she sat for a long time, she could not lift up her legs to walk immediately. She had to stand for a little while to relax and allow the blood to circulate before walking. With confidence and willingness, I placed my hands on her chakra 7 and followed by hot compress on her spinal cord before adjusting her thighs and knees. During adjustments she felt nothing except the warmth of my hands. However her body started to ache during midnight while she was sleeping. Despite suffering the pain through the whole night, she was so happy and amused to inform me that she could feel the great improvements in her legs and knee caps. Thanks to Longevity that have saved so many from their sufferings.

Conclusion

I am really fortunate to have learnt Longevity. I would like to thank everybody concerned especially our teacher Lin Tzu Chen and teacher Wei Yu Feng for introducing Longevity to us in Malaysia and the world. With such a loving and compassionate heart, may god bless them all.