

12 minutes. He was surprised that the pain was almost gone! He said he felt warmth on his chest when I was adjusting him but I didn't feel anything. I felt happy to be able to help him and gained confidence to practice Longevityology.

**Heart problem, diabetes, weak kidneys, high blood pressure, rendered emergency first aid**

My next adjustment was done on my school mate's mother. She is old and had heart valve replacement and is suffering from diabetes, weak kidney, high blood pressure and over weight. She had a fall and broke both her knees and was in cast. Despite of being on very strong painkiller, she was still in pain. My mum, sister, aunty and I went to her house and adjusted her. We adjusted her C7, medulla oblongata, C4, heart and both knees. After 30 minutes, to the surprise of her family members, she was wide awake and alert and her pain was gone. They lifted her up to put her in bed and she did not groan in pain at all! We continue the adjustment every alternate day. Even the doctors were surprised at her fast recovery. They expected the healing to take 6 months because of her serious health conditions. Two days before the winter solstice of 2005, I received a call from her daughter. She was crying because she could not wake her mother up and they could not feel her pulse. My sister and I rushed there. When we reached there, she looked like a dying person about to die. We called her but she did not respond. She can't even hold her head up! Immediately, we adjusted her chakra 7 and her heart. Actually, I am afraid that she might die. However, I remember teacher Wei's story about how a man saved his father's life a couple of times in Taiwan. So, I told myself, we can do it too. After about 30 minutes, she slowly regained her strength to hold her head up and open her eyes but still feeling groggy. Then the doctor arrived and checked her and told that there was nothing wrong with her

other than slight increase in body temperature. After the doctor left, we continued the adjustment for another 30 minutes. By then, she was wide awake and was asking for food! She had porridge and drinks and was fine after that. Few days before Chinese New Year 2006, I received another call from her daughter. It was the same scenario. I went to her house with my sister and did the same adjustment again. This time only for about 30 minutes and she was fine again.

A couple of months later, she passed away peacefully. My friend told me that she was admitted to the hospital and she told her daughters to let her go because she did not want to be a burden to her family as she already had a happy life. She came home and died in her sleep. I felt very happy and sad. Happy because I was given the opportunity to learn Longevityology and manage to extend her life without suffering and sad because she had to go.

**Conclusion**

After doing adjustment for others for about one year now, I have heard from some volunteers that they felt warmth, coldness, numbness and pain when they were adjusting others. Only on a very few occasions, I felt warmth and once I had goose bums from head to toes while adjusting someone. Most of the time I do not feel anything but I really do not care. I will just continue doing what I have learnt.

The feeling of being able to help someone with their problems/sickness is beyond description. Nothing in this world can replace this feeling.

“LONG LIVE LONGEVITOLOGY”