



contact numbers and added, don't hesitate to call them day or night when we needed help. Besides that, other Longevity volunteers had also done adjustments for mum. Though, mum passed away peacefully 17th July 2006.

2) I've cartridge problem on knee, doctors advised me to do surgery, I agreed to do it at last.

Due to great pain on my left knee, I tend to rely heavily on my right foot, thus developing a spur on my heel. I felt painful and hardly walked, I can't even squat, therefore, I resorted to visiting Klang Adjustment Centre.

During a particular adjustment, I was screaming with great pain, and of course, shocking others at the centre too. The volunteers worried me might chicken out from the remaining adjustments, they explained it was a temporary side effect. To my surprise, I had a sound sleep on that night. Adjustment after adjustment, the knee pain was reduced gradually, I was able to sit on a low stool, and the pain disappeared eventually, though, the spur is still there. I believe patience, faith, hopes and sincerity are the key to make my adjustments a success.

On behalf of my family, we wish to thank all, especially Thiam, Siong, Lily, Yam, Auntie and dedicated volunteers for being helpful when we in need.

Last but not least, we should thank Master Lin and Wei for their dedication, care and compassion. They bring LOVE to general public, because of you guys, the world has a better tomorrow.

