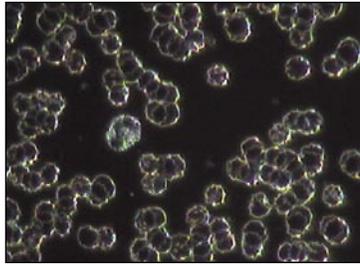


(Below are part of the diagrams and abbreviations extracted from the 34th edition of the magazine)

(I) Being Adjustment:

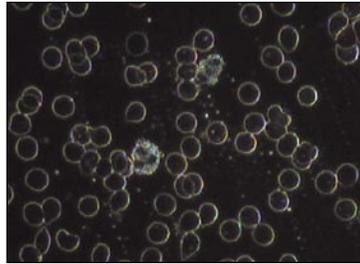
A: Blood Cell Behavior Before Adjustment



Note: Body condition: Stroke and bed ridden for 1.5 years, have symptom of flu 4 - 5 days before.

Blood cells clustered together and zigzag in shape.

B: Blood Cell Behavior After Adjustment



Note: After receiving 30 min of adjustment from Mr. Xie, Ms. Li & Master Chang.

RBC very active, originally clustered has become individually detach. The shape change from zigzag to fully rounded and the ability to absorb and supply oxygen increased.

(II) Giving Adjustment: Mr. Xie Guo Tai

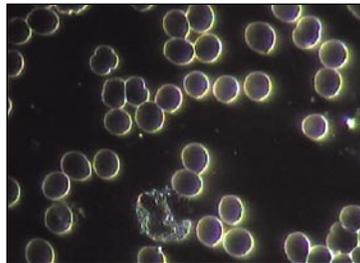
A: Blood Cell Behavior Before Giving Adjustment To Others



Note: Body condition: Not enough sleep and haven't recovered from fatigue due to long traveling journey.

Blood Cell Behavior: RBC smaller in size and clustered together. WBC not active.

B: Blood Cell Behavior After Giving Adjustment To Others



Note: After giving 30 min of adjustment Mrs. Zhi Chun Bang Zi (wife).

Blood Cell Behavior: RBC became full & rounded in shape, surface cell layer appearance have bright glossy in look and individually detach from each others. WBC is active.

The following year; during the spring season, the same group of 3 Longevity teachers again went to conduct an intermediate course in Tokyo. During the last day of the course, the AP came along with one of his associate researcher. He also brought along the “Dark Vision Microscope” and examines the blood samples that had taken from 3 of us before and after we performed meditation. He made some comparisons from the results. For blood samples taken after meditation, the body of RBC became fully rounded and glistering in look. Besides that, the blood cells are more active in nature. They also found the surface layer appearance of the cells to be glossy and sparkling. Generally, the cells mobility is also seen to be much more active. According to AP, he suspected this finding is what the Japanese researchers have been looking for all this while. This special feature of glossy and sparkling surface area of the cell they consider it the ‘Life Origin’ of the human body. This special feature will not simply appear and exist in every body blood cell. Such cases are very rare and normally it only appears in those people who practices a healthy habitual life. The above findings were discovered by the AP through the use of his special “Dark Vision Microscope” apparatus. The results of the findings were witnessed by many longevity volunteers and students.

The main difference is the blood samples taken after 15 min of meditation showed the body of the blood cell to be fully rounded, the surface layer was glistering, glossy and sparkling which were not there before meditation. Normally the blood cell behavior of a healthy person will have this kind of feature. Therefore, the above findings positively showed that Longevity practice does some good changes to our human body. Overall, the AP conducted 3 experimental trials for Longevity in Tokyo and each trial was carried out before and after meditation and before and after giving adjustment. All the results obtained were very positive. This enhances the confidence of the longevity practitioners and volunteers. Lastly, with this simple report, hopefully it will increase the trust and confidence of everybody towards the effectiveness of longevity practices. With that confidence it will able to raise up your level of universal energy receiving and adjustment power.

(Translated by H.S.Tan)